

Theme	Key Topics Covered
Health & Wellbeing	Healthy lifestyles, nutrition, sleep, physical activity, emotional wellbeing, and making informed health choices.
Personal Safety	Road and water safety, first aid awareness, alcohol, tobacco, vaping, drugs, and assessing and managing risk.
Belonging & Community	Identity, diversity, equality, challenging stereotypes and discrimination, and promoting respectful, inclusive communities.
Digital Awareness	Online behaviour, algorithms, influencers, targeted advertising, digital manipulation, financial risks, and responsible online decision-making.
Healthy Relationships	Healthy and unhealthy relationships, consent, online relationships, sexual harassment, image sharing, gender-based violence, and accessing support.
Financial Responsibility	Bank accounts, saving, borrowing, debt, consumer awareness, financial decision-making, and managing money responsibly.