

Theme	Key Topics Covered
Health & Wellbeing	Healthy lifestyles, nutrition, physical activity, sleep, menstruation, breast awareness, testicular health, and making informed health choices.
Relationships & Consent	Healthy relationships, intimacy, consent, pornography, pressure, coercion, recognising abuse, relationship rights, forced marriage and FGM.
Digital Literacy & Online Safety	Artificial intelligence, chatbots, misinformation, deepfakes, sharing images, online behaviour and digital wellbeing.
Diversity & Social Responsibility	Bullying, inclusion, diversity, challenging prejudice, misogyny, extremism and promoting respectful communities.
Managing Influence & Financial Awareness	Online influence, algorithms, financial scams, cryptocurrencies, gambling, financial exploitation and critical thinking.
Study, Work & Careers	Career pathways, work experience, employability skills, applications, making positive impressions and future planning.